

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 6:30-7:30 "B" 7:30-8:45 "A"	23 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	24 6:30-7:30 "C" 7:30-8:45 "A"	25 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	26 6:30-7:15 "C" 7:15-8:00 "B" 8:00-9:00 "A"	27 Drills and Donuts 9-9:40 8 & under 9:45-10:25 9-10 years 10:30-11:15 11 and over Parents Meeting 10:15am
28 Stroke and Turn clinic for parent officials 6:30-8:00 @ York JCC	29 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	30 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	31 No Practice			

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	2 6:30-7:15 "C" 7:15-8:00 "B" 8:00-9:00 "A"	3
4	5 6:30-7:30 "B" 7:30-8:45 "A"	6 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	7 6:30-7:30 "C" 7:30-8:45 "A"	8 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	9 6:30-7:30 "B" 7:30-8:45 "A"	10 Swim meet @YS Check in 7:15am Warm up 7:30am Meet starts 8:30am
11	12 6:30-7:30 "B" 7:30-8:45 "A"	13 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	14 6:30-7:30 "C" 7:30-8:45 "A"	15 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	16 6:30-7:30 "B" 7:30-8:45 "A"	17 Swim meet @NE Check in 7:45am Warmup 8:00am Meet starts 8:30am
18	19 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	20 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	21 No practice	22 No Practice	23 No practice	24 YS invitational
25	26 No practice	27 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	28 6:30-7:30 "C" 7:30-8:45 "A"	29 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	30 6:30-7:15 "C" 7:15-8:00 "B" 8:00-9:00 "A"	

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 6:30-7:30 "B" 7:30-8:45 "A"	4 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	5 6:30-7:30 "C" 7:30-8:45 "A"	6 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	7 No Practice	8 Swim meet @YS Check in 7:15am Warm up 7:30am Meet starts 8:30am
9	10 6:30-7:30 "B" 7:30-8:45 "A"	11 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	12 6:30-7:30 "C" 7:30-8:45 "A"	13 NO Practice	14 6:30-7:30 "B" 7:30-8:45 "A"	15 Swim meet @dover Check in 7:45am Warm up 8:00am Meet starts 8:30am
16 Jingle bell invitational @ NE TBA	17 6:30-7:30 "B" 7:30-8:45 "A"	18 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	19 6:30-7:30 "C" 7:30-8:45 "A"	20 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	21 TEAM Party 6:45-8:15	22 Drills and Pizza 10:00-10:40 8 and unders 10:45-11:25 9-10 years 11:30-12:15 11 and over
23	24 No Practice	25 No Practice	26 No Practice	27 TBD	28 TBD	29
30	31 No Practice					

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	No Practice	3 6:30-7:30 "B" 7:30-8:45 "A"	4 Swim meet @YS5 Check in 7:15am Warm up 7:30 am Meet starts 8:00am
6	7 6:30-7:30 "B" 7:30-8:45 "A"	8 TEAM PICTURE NIGHT	9 6:30-7:30 "C" 7:30-8:45 "A"	10 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	11 6:30-7:30 "B" 7:30-8:45 "A"	12 Swim meet @DT check in 7:45am warm up 8:00am meet starts 8:30am
Dover Invitational 13 More info when available	14 6:30-7:30 "B" 7:30-8:45 "A"	15 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	16 6:30-7:30 "C" 7:30-8:45 "A"	17 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	18 6:30-7:15 "C" 7:15-8:00 "B" 8:00-9:00 "A"	19
20 No Practice	21	22 6:30-7:15 "C" 7:15-8:15 "B" 8:15-9:15 "A"	23 6:30-7:30 "C" 7:30-8:45 "A"	24 No Practice	25 6:30-7:15 "C" 7:15-8:00 "B" 8:00-9:00 "A"	26
27 Practice is only for those that are going to championships	28 6:30-7:30 "B" 7:30-8:30 "A"	29 6:30-7:15 "C" 7:15-8:00 "B" 8:00-8:45 "A"	30 6:30-7:15 "C" 7:15-8:00 "B" 8:00-8:45 "A"	31 No Practice	1 6:30-7:15 "C" 7:15-8:00 "B" 8:00-8:45 "A"	2 CHAMPIONSHIPS at Northeastern
3 All Stars at Spring Grove						

